RESEARCH Open Access



A retrospective study on the analysis of influencing factors of neutropenia in endometrial cancer with adjuvant chemoradiotherapy

Mengsi Fan^{1,2†}, Weiwei Zhang^{3†}, Yuying Zhou², Mingzhuo Li^{4,5}, Dongyue Wang^{6,7}, Kexin Qiu^{1,2}, Mengzhen Li², Haoran Guo² and Li Yan^{1,7*}

Abstract

Objective This retrospective study aimed to investigate the factors influencing the occurrence of neutropenia in patients with endometrial cancer (EC) following adjuvant chemoradiotherapy (CRT).

Methods Retrospective analysis of EC patients who underwent adjuvant CRT from January 2012 to June 2023 in the Department of Gynecology and Oncology of the First Affiliated Hospital of Shandong First Medical University. Neutropenia was defined as an Absolute Neutrophil Count (ANC) of peripheral blood neutrophils below $2 \times 10^9 / L$. Factors affecting neutropenia in EC patients treated with CRT using Generalized Estimating Equation (GEE), and Logistic regression was used to further analyze the effect of adding radiotherapy to different chemotherapy cycles on neutropenia, so that patients receive optimal adjuvant CRT while the risk of neutropenia is appropriately controlled.

Results A total of 144 patients met the inclusion criteria. They underwent 330 cycles of adjuvant chemotherapy, of whom 96 (66.7%) developed neutropenia, which occurred 140 times. The results of one-way GEE analysis showed that before CRT, White Blood Cell (WBC) (OR = 0.827; 95%CI, 0.701–0.976), ANC (OR = 0.749; 95%CI, 0.586–0.957), Absolute Monocyte Count (AMC) (OR = 0.047; 95%CI, 0.008–0.283), Blood Urea Nitrogen (BUN) (OR = 0.857; 95%CI, 0.741–0.991), platinum and docetaxel (platinum/docetaxel) dosing regimen (OR = 2.284; 95%CI, 1.130–4.618) were associated with neutropenia with adjuvant CRT for EC (p < 0.05), results of multifactorial GEE analysis showed that before adjuvant CRT ANC (OR = 0.552; 95%CI, 0.973–2.231), AMC (OR = 0.047; 95%CI, 0.004–0.052), platinum/docetaxel (OR = 2.437; 95%CI, 1.087–5.464) were an independent influence on neutropenia in adjuvant CRT for EC (p < 0.05). Multifactorial Logistic regression shows addition of radiotherapy to the first cycle of chemotherapy (OR = 4.413; 95%CI, 1.238–18.891) was an independent influence of neutropenia (p < 0.05).

[†]Mengsi Fan and Weiwei Zhang contributed equally to this work.

*Correspondence:

Li Yan

qyfkyl@163.com

Full list of author information is available at the end of the article



© The Author(s) 2024. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

Fan et al. Radiation Oncology (2024) 19:76 Page 2 of 8

Conclusions Patients with low pre-CRT ANC and AMC, platinum/docetaxel dosing regimens need to be closely monitored during each cycle of CRT. Also, the concurrent addition of radiotherapy should be avoided during the first cycle of chemotherapy.

Keywords Endometrial cancer, Chemoradiotherapy, Neutropenia, Neutrophil, Monocyte, Platinum, Docetaxel

Introduction

Endometrial cancer is one of the three major malignant tumors of the female reproductive tract. Its incidence has been on the rise globally in recent years [1, 2]. In developed countries, the incidence of EC ranks first among gynecological malignancies and has become a serious problem endangering public health.

Although most patients are diagnosed at an early stage, high-risk, metastatic, and recurrent ECs remain important factors in patient survival. Currently, the treatment of endometrial cancer is mainly surgical, radiation and chemotherapy are commonly used as adjuvant treatments [3]. However, neutropenia is the most common hematologic toxicity during CRT, which can easily induce febrile neutropenia (FN), infectious toxic shock, and even death, impact on the clinical treatment and survival of tumor patients, but also increase the cost of medical care [4, 5]. Despite current progress in infection prevention, FN remains a common complication of chemotherapy in cancer patients [6].

The recent use of chemotherapy and radiotherapy techniques for various types of malignant tumors has led to a high incidence of neutropenia [7]. For patients with metastatic solid tumors such as metastatic breast cancer (MBC), colon/rectum cancer (MCRC), lung cancer (MLC), ovaries cancer (MOC), or prostate cancer (MPC) receiving standard myelosuppressive chemotherapy regimens, the incidence of FN ranges from 13 to 21%, with the highest occurrence in the first cycle (23–36%) [8]. In a retrospective study of stage III EC, the incidence of grade 4 neutropenia reached 73.8% in patients receiving CRT and 52.8% in those receiving chemotherapy alone [9]. According to a Japanese study, the incidence of FN in patients receiving concurrent CRT was 15% [10]. The prevalence of neutropenia ranges from 2 to 50% and is related to a variety of factors including patient-related risk factors, cancer type, chemotherapy, radiation therapy and genetic susceptibility [11].

As a result, many studies have attempted to identify risk factors for neutropenia and its consequences. The goal is to develop predictive models capable of identifying highrisk patients and guiding the application of more effective and cost-efficient granulocyte colony-stimulating factors (G-CSF) [12, 13]. For example, a retrospective analysis of 741 breast cancer patients who received adjuvant chemotherapy found that low ANC and Absolute Lymphocyte Count (ALC) were risk factors for FN [14]. Bartlett et al. noted that concurrent chemotherapy is one of the most

important risk factors for radiation therapy-associated neutropenia [15]. A retrospective analysis by Mell et al. found that increases in pelvic bone marrow (PBM)-V (5), V (10), V (15), and V (20) were significantly associated with decreases in WBC and ANC nadirs in anal cancers treated with CRT [16]. A retrospective cohort study conducted at the Medical University of Graz demonstrated that among consecutive patients with testicular germ cell tumors (TGCT) treated with adjuvant cisplatin chemotherapy, higher age, and prior radiotherapy were associated with a higher risk of FN [17]. A European prospective observational study based on patients with non-Hodgkin's lymphoma (NHL) presented a risk model for the development of FN in the first cycle of chemotherapy, clinical correlates significantly associated with FN in cycle 1 were: older age, planned dose increase of cyclophosphamide, history of prior chemotherapy, recent history of infection, low baseline albumin level [18]. Previous studies have also demonstrated the predictive value of low WBC, low Hemoglobin (Hb), or low Platelet (PLT) prior to the first chemotherapy cycle for neutropenia in subsequent cycles of chemotherapy [19, 20].

Although risk factors for the development of neutropenia following CRT in patients with different tumor types are currently assessed [21]. However, the risk factors for neutropenia in EC due to CRT are unclear. Therefore, with this study, aiming to explore the risk factors for neutropenia after CRT for EC, screening for more effective and cost-efficient prophylactic application of G-CSF in high-risk populations, more precise and rational prevention of neutropenia during CRT in patients with EC, thereby reducing patient hospitalization rates, lowering patient treatment costs, and increasing patient survival.

Materials and methods

Approved by the Ethics Committee of the First Affiliated Hospital of Shandong First Medical University (Ethics No. YXLL-KY-2022(073)), retrospective analysis was performed on high-risk patients with EC who underwent surgery for EC in the First Affiliated Hospital of Shandong First Medical University from January 2012 to June 2023 and received adjuvant CRT after surgery in the department of gynecology and oncology in the hospital. Adjuvant CRT schedule: Sequential chemotherapy combined with concurrent chemoradiotherapy. Sequential chemotherapy is administered before or after concurrent chemoradiotherapy, depending on the patient's postoperative recovery and general condition. High-risk EC were

Fan et al. Radiation Oncology (2024) 19:76 Page 3 of 8

defined as fulfilling one of the following conditions: high-grade tumor (endometrioid grade 3 and nonendometrioid histologies), deep myometrial invasion (MI) (≥50%), or the presence of angiolymphatic invasion (LVSI).

Patients with histologically-proven EC were staged on the basis of final pathological findings according to the 2009 International Federation of Gynecology and Obstetrics (FIGO) classification. Inclusion criteria: (1) Histologically confirmed high-risk EC; (2) Age≥18 years; (3) CRT treatment at our hospital; (4) No significant information missing. Exclusion Criteria: (1) Exclude those with unknown tumor stage, chemotherapeutic agents or cycles of chemotherapy; (2) Concomitant severe medical diseases; (3) Uncontrolled infections; (4) History of prior immunotherapy, history of stem cell transplantation. In this study, the subjects were strictly selected according to the inclusion and exclusion criteria, and the patients' basic information, laboratory examination information,

Table 1 Primary study measures and baseline characteristics of patients

Variables	Mean (SD)/ Median (Min, Max)/ (N%)
Age, years	55.94 (10.13)
Hb, g/L	120 (66,152)
PLT, ×10 ⁹ /L	239.39 (78.17)
WBC, ×10 ⁹ /L	5.26 (2.43,16.14)
ALC, $\times 10^9$ /L	1.46 (0.54)
RBC, $\times 10^9$ /L	4.03 (2.3,5.02)
$AMC, \times 10^9 / L$	0.38 (0.11,1.92)
ANC, ×10 ⁹ /L	3.33 (0.56,13.99)
SCR, umol/L	56 (35.5,147)
BUN, mmol/L	4.4 (1.5,20.23)
Tumor stage	
1	30 (20.83%)
	24 (16.67%)
III	51 (35.42%)
IV	26 (18.06%)
Unknown ^a	13 (9.03%)
Histologic type	
Endometrioid carcinoma	85 (59.03%)
Serous carcinoma	24 (16.67%)
Clear cell carcinoma	10 (6.94%)
Undifferentiated carcinoma	13 (9.03%)
Mixed cell carcinoma	3 (2.08%)
Mucinous carcinoma	3 (2.08%)
Carcinosarcoma	6 (4.17%)
Chemotherapeutic regimen	
Platinum and paclitaxel	82 (56.94%)
Platinum and docetaxel	43 (29.86%)
Platinum and tapiocin	5 (3.47%)
Others	14 (9.72%)

Note: a is the absence of pathological type results

Abbreviations: Hb=Hemoglobin; PLT=Platelet; WBC=White Blood Cell; ALC=Absolute Lymphocyte Count; RBC=Red Blood Cell; AMC=Absolute Monocyte Count; ANC=Absolute Neutrophil Count; SCR=Serum Creatinine; BUN=Blood Urea Nitrogen

EC history information, adverse effects and supportation methods information were collected. Basic information includes: age, number of days of hospitalization, comorbidities (hypertension, diabetes, hyperlipidemia, coronary heart disease, cerebrovascular disease, etc.); Laboratory test information includes: before each CRT session Red Blood Cell (RBC), WBC, PLT, Hb, ALC, AMC, Serum Creatinine (SCR), BUN, before and after each CRT session ANC; EC history information includes: chemotherapy regimen, chemotherapy drugs, number of cycles of chemotherapy, radiotherapy dose, radiotherapy technique, and whether to add brachytherapy after external beam radiotherapy; Adverse effects and supportive care information comprise: infection, bone marrow suppression, G-CSF administration, antibiotics, and blood products. Index of outcome: neutropenia was defined as ANC less than 2×10^9 /L. Study groups: 2 groups were divided according to the occurrence of neutropenia or not. Study group: those who developed neutropenia after CRT; control group: those who did not develop neutropenia after CRT.

R 4.2.2 was used to complete the statistical analysis for this study. For measurement information: if the information follows a normal distribution, it is denoted by Mean (SD), and the t-test is used for comparison between two groups; If the information does not follow a normal distribution, it is denoted by M (Min, Max). Comparisons between groups were made using the independent samples Wilcoxon rank sum test. For count data: expressed as frequencies and percentages, comparisons between groups were made using the chi-square test or Fisher's exact probability test. Factors influencing the development of neutropenia in patients undergoing CRT for EC were explored using GEE. A unifactorial GEE model was used to test each variable in the cohort, and those unifactorial variables that were statistically significant after testing were included in a multifactorial GEE model to screen for risk factors for neutropenia after CRT. Logistic regression models were used to analyze the effect of adding radiotherapy to different chemotherapy cycles on neutropenia. Univariate and multivariate analyses were performed using chi-square and Fisher exact tests. All statistical tests were two-sided, and a p-value of less than or equal to 0.05 was considered statistically significant.

Results

A total of 144 patients with EC treated with CRT at our hospital from January 2012 to June 2023 met the inclusion criteria. The median age of the patients was 55.94 years with a standard deviation of 10.13 years (Table 1). Surgical FIGO stages I-IV were observed in 30 patients (20.83%) for stage I, 24 patients (16.67%) for stage II, 51 patients (35.42%) for stage III, and 26 patients (18.06%) for stage IV, due to the long-time span of the cases, the

Fan et al. Radiation Oncology (2024) 19:76 Page 4 of 8

postoperative tumor stage records for 13 patients from earlier years are either lost or unclear. Histologic type was observed in 85 patients (59.03%) for endometrioid carcinoma, 24 patients (16.67%) for serous carcinoma, 10 patients (6.94%) for clear cell carcinoma, 13 patients (9.03%) for undifferentiated carcinoma, 3 patients (2.08%) for mixed cell carcinoma, 3 patients (2.08%) for mucinous carcinoma, and 6 patients (4.17%) for carcinosarcoma. The majority of patients (56.94%) were treated with a platinum/paclitaxel dosing regimen. Platinum agents primarily include carboplatin and cisplatin, while taxanes mainly consist of paclitaxel albumin-bound, paclitaxel liposome, and conventional paclitaxel.

For postoperative radiotherapy in EC, our hospital primarily utilizes two radiation therapy techniques: Intensity Modulation Radiation Therapy (IMRT) and brachytherapy. The total doses are 45-50 Gy/1.8-2.0 Gy/25-28 F, 21 Gy/7Gy/3 W or 30 Gy/6Gy/5 W or 30 Gy/ 5 Gy/6 W, respectively. A total of 141 patients (97.92%) received IMRT radiation therapy, among whom 26 patients (18.44%) underwent brachytherapy after IMRT, and 3 patients (2.08%) received brachytherapy alone. Due to the wide time span of case collection, records for 17 patients regarding radiation techniques were unclear, and it was uncertain whether brachytherapy was used after IMRT. Four patients developed herpes zoster, six patients experienced enteritis and received symptomatic treatment. Ten patients had urinary tract infections and were treated with antibiotics, with one patient developing bacteremia. Three patients underwent PLT transfusions. Sixty-nine patients experienced bone marrow suppression and were treated with G-CSF. One patient had a low Hb level of 64.0 g/L and received symptomatic treatment with recombinant human erythropoietin injections.

Univariate GEE analysis showed that WBC, ANC, AMC, BUN, and platinum/docetaxel dosing regimen before CRT were influential factors in the occurrence of neutropenia (P<0.05). (Table 2).

Multifactorial GEE analysis showed that ANC, AMC, and platinum/docetaxel dosing regimen before CRT were independent influences on the occurrence of neutropenia (P<0.05) (Table 3).

Receiver Operating Characteristic (ROC) analysis was employed to evaluate the predictive capability of each laboratory index before each CRT session regarding neutropenia after CRT (Fig. 1). The model demonstrated good discriminative performance, with an ROC area of 0.738. The sensitivity for neutropenia was 70.4%, and the specificity was 69.6%.

Neutropenia was observed in 69 individuals during the first cycle, 32 individuals during the second cycle, 16 individuals during the third cycle, and 10 individuals during the fourth cycle, with the majority of cases occurring in the first cycle. The inclusion of radiotherapy in the first

Table 2 One-way GEE analysis

Variables	OR (95%CI)	P
Age, years	0.968 (0.935-1.003)	0.070
Hb, g/L	1.008 (0.992-1.024)	0.322
WBC, ×10 ⁹ /L	0.827 (0.701-0.976)	0.024
ANC, $\times 10^9$ /L	0.749 (0.586-0.957)	0.021
AMC, $\times 10^9$ /L	0.047 (0.008-0.283)	0.001
PLT, ×10 ⁹ /L	0.998 (0.994-1.001)	0.218
RBC, $\times 10^9$ /L	0.982 (0.659-1.463)	0.930
ALC, $\times 10^9$ /L	1.008 (0.685-1.483)	0.966
SCR, umol/L	0.991 (0.976-1.007)	0.281
BUN, mmol/L	0.857 (0.741-0.991)	0.037
Chemotherapeutic regimen		
Platinum and paclitaxel	1.000	
Platinum and docetaxel	2.284 (1.130-4.618)	0.021
Platinum and tapiocin	0.804 (0.235-2.747)	0.727
Others	0.811 (0.371–1.770)	0.598

Abbreviations: Hb=Hemoglobin; PLT=Platelet; WBC=White Blood Cell; ALC=Absolute Lymphocyte Count; RBC=Red Blood Cell; AMC=Absolute Monocyte Count; ANC=Absolute Neutrophil Count; SCR=Serum Creatinine; BUN=Blood Urea Nitrogen

Table 3 Multifactor GEE analysis

Table 3 Martiactor GEE analysis			
Variables	OR (95%CI)	P	
WBC, ×10 ⁹ /L	1.446 (0.937-2.231)	0.096	
ANC, $\times 10^9$ /L	0.552 (0.318-0.958)	0.035	
AMC, $\times 10^9$ /L	0.047 (0.004-0.502)	0.011	
BUN, mmol/L	0.879 (0.729-1.060)	0.178	
Chemotherapeutic regimen			
Platinum and paclitaxel	1.000		
Platinum and docetaxel	2.437 (1.087-5.464)	0.031	
Platinum and tapiocin	0.817 (0.265-2.524)	0.726	
Others	0.969 (0.410-2.288)	0.943	

Abbreviations: WBC=White Blood Cell; AMC=Absolute Monocyte Count; ANC=Absolute Neutrophil Count; BUN=Blood Urea Nitrogen

cycle of chemotherapy had an independent impact on the occurrence of neutropenia (P<0.05) (Table 4).

Discussion

Principal findings

Although numerous studies have evaluated the factors influencing neutropenia and/or FN after CRT in patients with different tumor types, no studies have been conducted on the factors influencing neutropenia after CRT in patients with EC. Additionally, there are several limitations to previous studies, including some studies that only explore factors influencing neutropenia on the first cycle of chemotherapy, and most statistical analyses are primarily based on classical statistical methods. However, EC patients typically undergo multiple cycles of chemotherapy during the course of CRT, and traditional statistical models are unable to cope with such longitudinal information of repeated measures.

Our study used the GEE model for the first time to explore the factors influencing the occurrence of Fan et al. Radiation Oncology (2024) 19:76 Page 5 of 8

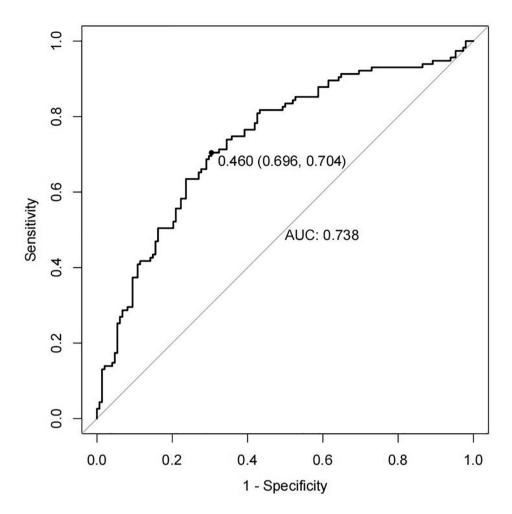


Fig. 1 Receiver Operating Characteristic

Table 4 Addition of radiotherapy to different chemotherapy cycles

-/			
Chemotherapy cycle	OR (95%CI)	P	
First cycle	4.413 (1.238-18.891)	0.034	
Second cycle	6.740 (1.043-132.497)	0.088	
Third cycle	2.400 (0.513-17.143)	0.303	
Fourth cycle	4.091 (0.611-80.905)	0.211	

neutropenia after adjuvant CRT in EC patients. The GEE model is proposed by Liang & Zeger (1986) a method for analyzing longitudinal data based on generalized linear models [22]. We reached two main conclusions: (1) Pre-CRT ANC, AMC, and platinum/docetaxel dosing regimen are independent influences on the occurrence of neutropenia. (2) The addition of radiotherapy to the first cycle of chemotherapy is an independent influence on the development of neutropenia.

Results in the context of what is known & clinical implications & Research implications

Most studies have reported the incidence of postoperative CRT-induced neutropenia and/or FN in patients with EC. Milgrom et al. retrospectively analyzed patients with stage III EC who received postoperative adjuvant CRT. Of the 40 eligible patients, 4 (10%) were neutropenic [23]. Wen et al. treated 31 patients with high-risk or advanced EC using paclitaxel plus carboplatin in combination with CRT, and 45.2% of the patients developed grade 3/4 neutropenia [24]. A study of high-risk ECs noted that for patients who have received radiotherapy alone and combined CRT, grade 3 neutropenia occurred in 9.8% of patients in both groups [25]. However, limited to reports on the incidence of neutropenia in EC CRT, there are no clear reports on the factors influencing the occurrence of neutropenia in EC patients after CRT.

Myelosuppression can be induced by cytotoxic chemotherapeutic agents as well as by radiation therapy in addition to chemotherapy, usually affecting all blood cell lines, including ANC, APL, Hb and ALC. Many studies

Fan et al. Radiation Oncology (2024) 19:76 Page 6 of 8

have found that abnormal laboratory test values are an important influence on neutropenia after chemotherapy [26]. Previous studies have shown that pre-chemotherapy Total Bilirubin (TBil) $\geq 25\mu$ mol/L, ALC $< 0.7 \times 10^9$ /L are independent risk factors for the development of neutropenia after chemotherapy [27]. Corbeau et al. found that baseline low PLT, low WBC, and low ANC were risk factors for neutropenia after chemotherapy, and that the ANC to ALC ratio was an independent predictor of FN [28]. A prospective study of Hodgkin's lymphoma noted a possible increased risk of FN in patients with an AMC below 25×10^6 /L on day 8 after chemotherapy [29]. In another similar study, Shimanuki et al. investigated the use of pretreatment hematologic laboratory parameters to construct a predictive model for chemotherapyinduced FN in patients with squamous cell carcinoma of the head and neck, the model shows, that AMC values less than 370/mm³ are good predictors of chemotherapy-induced FN [30]. In addition, a baseline AMC of less than $150/\mu L$ has been identified as a poor prognostic variable in patients with chemotherapy-induced FN [31]. Oguz et al. reported that in solid childhood tumors, an ALC $\leq 0.7 \times 10^9$ /L on day 5 and an AMC $\leq 0.15 \times 10^9$ /L on day 7 were independent risk factors for FN [32]. Our research has found that pre-CRT ANC, AMC is an independent influence on the occurrence of neutropenia in patients with EC, which is in line with the findings of previous studies. Unlike previous studies, which mostly focused on the effects of chemotherapy leading to the development of neutropenia, our study added synchronized radiation therapy.

Many studies have found that certain chemotherapy drugs and regimens promote myelosuppression more than others [33, 34]. The current National Comprehensive Cancer Network (NCCN) guidelines state that carboplatin in combination with paclitaxel is the preferred chemotherapy regimen for the treatment of advanced, metastatic or recurrent EC [35], other commonly used regimens or drugs include docetaxel in combination with carboplatin, doxorubicin in combination with cisplatin, carboplatin in combination with a paclitaxel regimen plus bevacizumab, liposomal doxorubicin, albuminbound paclitaxel, topotecan, etc., and in patients with contraindications to paclitaxel, docetaxel in combination with carboplatin may be considered. In our study, building from previous research, patients were treated with standard chemotherapy regimens along with the addition of radiation therapy, we set patients on platinum and paclitaxel-based chemotherapy regimens as the control group, receiving a platinum/docetaxel chemotherapy regimen compared to platinum/paclitaxel is a risk factor for neutropenia in patients treated with CRT for EC. Previous studies have also shown that anthracyclines (e.g., doxorubicin), taxanes (e.g., docetaxel), alkylators (e.g.,

cyclophosphamide), and topoisomerase inhibitors (e.g., etoposide) as well as gemcitabine and vinorelbine are particularly myelosuppressive [13]. It has also been illustrated that docetaxel has a relatively high incidence of FN compared to other cytotoxic anticancer drugs [36]. Our study is consistent with previous findings.

Currently, radiation therapy in addition to chemotherapy is known to increase the incidence of myelosuppression. However, determining the optimal timing to introduce radiation therapy during chemotherapy to reduce the occurrence of myelosuppression is an issue that requires further investigation. Previous studies have found that the risk of neutropenia in most chemotherapy patients is greatest in the initial chemotherapy cycle, with a reduced incidence of neutropenia in subsequent treatment cycles [37]. A prospective multinational study of the incidence of FN in patients with solid tumors or Hodgkin's/non-Hodgkin's lymphoma at intermediate risk for FN receiving chemotherapy found that the incidence of FN is higher in cycle 1 and decreases in subsequent cycles, with the incidence of FN being 5% in cycle 1, 3% in cycles 2-3 and 1% in cycles 4-6 [38]. A prospective study of a multivariate analysis of FN in NHL patients concluded that myelosuppression, especially FN, is a severe dose-limiting toxicity that frequently occurs during the first cycle of chemotherapy. In a study reviewing the medical records of 1,355 patients with moderate NHL who received cyclophosphamide, adriamycin, vincristine, and prednisone or similar chemotherapy, more than half of the first hospitalizations for FN occurred in cycle 1 or 2 [39]. In our study, neutropenia occurred in 69 people in the first cycle, 32 people in the second cycle, 16 people in the third cycle, 10 people in the fourth cycle, most of the patients experienced neutropenia in the first cycle, consistent with previous studies. At the same time, this indirectly confirms the results of our study, the addition of radiotherapy to the first cycle of chemotherapy is an independent risk factor that exacerbates the development of neutropenia. Therefore, the concurrent addition of radiotherapy should be avoided during the first cycle of chemotherapy. The same study on breast cancer also suggested that FN is associated with the concurrent use of breast chemotherapy and radiation therapy, and recommended avoiding concurrent use of chemotherapy and radiation therapy for breast cancer [40].

Strengths and limitations

The novelty of this study compared to previous studies is that it is the first to examine the risk factors for neutropenia due to CRT for EC. In addition, since patient outcomes after each CRT session, as well as laboratory test indices and medication regimens before each CRT session, involve multiple measurements constituting longitudinal data, the correlation between variables cannot

Fan et al. Radiation Oncology (2024) 19:76 Page 7 of 8

be addressed by traditional statistical methods. Therefore, we employed a GEE model specifically designed for longitudinal cohorts to analyze repeated measurements within the same patient. The GEE model well solves the correlation problem of longitudinal data utilizing each measurement in longitudinal data greatly reduces the loss of information and allows for robust parameter estimates. The limitations of this study are that although chemotherapy for women with EC averages at six cycles, we were more likely to only be able to collect outcome data for the first four cycles of chemotherapy due to the fact that some of our patients did not have regular treatment. In addition to this, because this study is a single-institution retrospective study, the data in this study came from a single healthcare organization, which is a single-center study, and there may be some limitations in extrapolating the findings of the study, thus multi-institutional studies and other external cohorts are needed to validate it in the future.

Conclusions

We have identified several pre-treatment patient and treatment-related factors that predict the occurrence of neutropenia events during CRT for EC. Low ANC and AMC prior to CRT, platinum/docetaxel dosing regimen, and concurrent radiotherapy during the first cycle of chemotherapy were associated with neutropenia in EC.

Abbreviations

FN

Endometrial cancer CRT Chemoradiotherapy ANC Absolute Neutrophil Count GFF Generalized Estimating Equation **WBC** White Blood Cell AMC Absolute Monocyte Count BUN Blood Urea Nitrogen

G-CSF Granulocyte colony-stimulating factors

Febrile neutropenia ALC Absolute Lymphocyte Count

Hb Hemoglobin PLT Platelet RBC Red Blood Cell SCR Serum Creatinine PBM Pelvic bone marrow Testicular germ cell tumors TGCT NHL non-Hodgkin's lymphoma Myometrial invasion MI LVSI Angiolymphatic invasion

FIGO International Federation of Gynecology and Obstetrics

TRil Total Bilirubin

NCCN National Comprehensive Cancer Network

Acknowledgements

The authors wish to acknowledge the participants in this study. We do appreciate generous help from the Center for Big Data Research in Health and Medicine, The First Affiliated Hospital of Shandong First Medical University & Shandong Provincial Qianfoshan Hospital.

Author contributions

Li YAN designed the experiments. Mengsi FAN and Mingzhuo LI performed the statistical analysis. Mengsi FAN wrote the main manuscript, and Li YAN, Weiwei ZHANG, Yuying ZHOU, Dongyue WANG, Kexin QIU, Mengzhen LI and Hao GUO revised the manuscript. All authors read and approved the final manuscript.

Funding

Scientific Research Fund of Shandong Province Medical Association (YXH2022ZX02148).

Data availability

The datasets used and/or analyzed during the present study are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

This study was approved by the Ethics Committee of Shandong Provincial Oianfoshan Hospital. Written informed consent was obtained from all participants.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

¹Department of Gynecology, Shandong Provincial Qianfoshan Hospital, Shandong Second Medical University, Key Laboratory of Laparoscopic Technology, the First Affiliated Hospital of Shandong First Medical University, Jinan, China

²School of Public Health, Shandong Second Medical University, Weifang,

³Department of Gynecology, Tengzhou Maternal and Child Health Hospital, Tengzhou, China

⁴Center for Big Data Research in Health and Medicine, The First Affiliated Hospital of Shandong First Medical University & Shandong Provincial Oianfoshan Hospital, Jinan, China

⁵Shandong Data Open innovative Application Laboratory, Jinan, China ⁶School of Clinical Medicine, Shandong First Medical University, Jinan,

⁷Department of Gynecology, Shandong Provincial Qianfoshan Hospital, Jinan, China

Received: 24 February 2024 / Accepted: 10 June 2024 Published online: 18 June 2024

References

- Crosbie EJ, Kitson SJ, McAlpine JN, Mukhopadhyay A, Powell ME, Singh N. Endometrial cancer. Lancet. 2022;399(10333):1412-28.
- Gu B, Shang X, Yan M, Li X, Wang W, Wang Q, Zhang C. Variations in incidence and mortality rates of endometrial cancer at the global, regional, and national levels, 1990-2019. Gynecol Oncol. 2021;161(2):573-80.
- Nagase S, Katabuchi H, Hiura M, Sakuragi N, Aoki Y, Kigawa J, Saito T, Hachisuga T, Ito K, Uno T, et al. Evidence-based guidelines for treatment of uterine body neoplasm in Japan: Japan Society of Gynecologic Oncology (JSGO) 2009 edition. Int J Clin Oncol. 2010;15(6):531-42.
- Donadieu J, Fenneteau O, Beaupain B, Mahlaoui N, Chantelot CB. Congenital neutropenia: diagnosis, molecular bases and patient management. Orphanet J Rare Dis. 2011;6:26
- Kuderer NM, Dale DC, Crawford J, Cosler LE, Lyman GH. Mortality, morbidity, and cost associated with febrile neutropenia in adult cancer patients. Cancer. 2006;106(10):2258-66.
- Keng MK, Sekeres MA. Febrile neutropenia in hematologic malignancies. Curr Hematol Malig Rep. 2013;8(4):370-8.
- Nakagawa Y, Suzuki K, Masaoka T. Evaluation of the risk factors for febrile neutropenia associated with hematological malignancy. J Infect Chemother. 2009;15(3):174-9.
- Weycker D, Li X, Edelsberg J, Barron R, Kartashov A, Xu H, Lyman GH. Risk and consequences of Chemotherapy-Induced Febrile Neutropenia in patients with metastatic solid tumors. J Oncol Pract. 2015;11(1):47-54.

Fan et al. Radiation Oncology (2024) 19:76 Page 8 of 8

- Yoo JG, Kim JH, Kim CJ, Lee HN, Song MJ, Park DC, Yoon JH, Kim SI, Hur SY, Lee SJ. Postoperative adjuvant Chemoradiotherapy Versus Chemotherapy alone for stage III endometrial Cancer: a Multicenter Retrospective Study. Cancer Control. 2022;29:10732748221115288.
- Yamaguchi M, Tobinai K, Oguchi M, Ishizuka N, Kobayashi Y, Isobe Y, Ishizawa K, Maseki N, Itoh K, Usui N, et al. Phase I/II study of concurrent chemoradiotherapy for localized nasal natural killer/T-cell lymphoma: Japan Clinical Oncology Group Study JCOG0211. J Clin Oncol. 2009;27(33):5594–600.
- Klastersky J, de Naurois J, Rolston K, Rapoport B, Maschmeyer G, Aapro M, Herrstedt J. Management of febrile neutropaenia: ESMO Clinical Practice guidelines. Ann Oncol. 2016;27(suppl 5):v111–8.
- 12. Lyman GH, Lyman CH, Agboola O. Risk models for predicting chemotherapy-induced neutropenia. Oncologist. 2005;10(6):427–37.
- Lyman GH, Abella E, Pettengell R. Risk factors for febrile neutropenia among patients with cancer receiving chemotherapy: a systematic review. Crit Rev Oncol Hematol. 2014;90(3):190–9.
- Jenkins P, Freeman S. Pretreatment haematological laboratory values predict for excessive myelosuppression in patients receiving adjuvant FEC chemotherapy for breast cancer. Ann Oncol. 2009;20(1):34–40.
- Bartlett NL, Rosenberg SA, Hoppe RT, Hancock SL, Horning SJ. Brief chemotherapy, Stanford V, and adjuvant radiotherapy for bulky or advanced-stage Hodgkin's disease: a preliminary report. J Clin Oncol. 1995;13(5):1080–8.
- Mell LK, Schomas DA, Salama JK, Devisetty K, Aydogan B, Miller RC, Jani AB, Kindler HL, Mundt AJ, Roeske JC, et al. Association between bone marrow dosimetric parameters and acute hematologic toxicity in anal cancer patients treated with concurrent chemotherapy and intensity-modulated radiotherapy. Int J Radiat Oncol Biol Phys. 2008;70(5):1431–7.
- Terbuch A, Posch F, Partl R, Zurl B, Bauernhofer T, Pichler M, Szkandera J, Hutterer GC, Pummer K, Kapp KS, et al. Risk stratification for febrile neutropenia in patients with testicular germ cell tumors. Cancer Med. 2018;7(2):508–14.
- Pettengell R, Bosly A, Szucs TD, Jackisch C, Leonard R, Paridaens R, Constenla M, Schwenkglenks M. Impact of Neutropenia in Chemotherapy-European Study G: multivariate analysis of febrile neutropenia occurrence in patients with non-hodgkin lymphoma: data from the INC-EU prospective observational European Neutropenia Study. Br J Haematol. 2009;144(5):677–85.
- Savvides P, Terrin N, Erban J, Selker HP. Development and validation of a patient-specific predictive instrument for the need for dose reduction in chemotherapy for breast cancer: a potential decision aid for the use of myeloid growth factors. Support Care Cancer. 2003;11(5):313–20.
- Xiao AT, Tong YX, Xu XS, Zhou Y, Zhang S. Preoperative Nutritional Status contributes to the development of Neutropenia Event in patients with gastric Cancer receiving CAPEOX adjuvant chemotherapy. Front Oncol. 2020;10:692.
- 21. Lyman GH, Kuderer NM, Crawford J, Wolff DA, Culakova E, Poniewierski MS, Dale DC. Predicting individual risk of neutropenic complications in patients receiving cancer chemotherapy. Cancer. 2011;117(9):1917–27.
- 22. Zeger SL, Liang KY. Longitudinal data analysis for discrete and continuous outcomes. Biometrics. 1986;42(1):121–30.
- Milgrom SA, Kollmeier MA, Abu-Rustum NR, Tew WP, Sonoda Y, Barakat RR, Alektiar KM. Postoperative external beam radiation therapy and concurrent cisplatin followed by carboplatin/paclitaxel for stage III (FIGO 2009) endometrial cancer. Gynecol Oncol. 2013;130(3):436–40.
- Wen Q, Shao Z, Yang Z. Concomitant paclitaxel plus carboplatin and radiotherapy for high-risk or advanced endometrial cancer. Int J Gynecol Cancer. 2013;23(4):685–9.
- El-Hadaad HA, Wahba HA, Gamal AM, Dawod T. Adjuvant pelvic radiotherapy vs. sequential chemoradiotherapy for high-risk stage I-II endometrial carcinoma. Cancer Biol Med. 2012;9(3):168–71.
- Ben Nasr S, Zriba S, Kacem K, Yahyaoui Y, El Benna H, Mansouri R, Ben Lakhal R, Meddeb B. [Impact of early lymphopenia on the risk of febrile neutropenia and hematological toxicity]. Tunis Med. 2015;93(5):283–6.
- Zhu Y, Guo D, Kong X, Liu S, Yu C. A risk-prediction Nomogram for Neutropenia or Febrile Neutropenia after Etoposide-based chemotherapy in Cancer patients: a retrospective cohort study. Pharmacology. 2022;107(1–2):69–80.

- Corbeau I, Thezenas S, Maran-Gonzalez A, Colombo PE, Jacot W, Guiu S.
 Inflammatory blood markers as prognostic and predictive factors in early
 breast Cancer patients receiving Neoadjuvant Chemotherapy. Cancers (Basel)
 2020. 12(9).
- Shikata H, Yakushijin Y, Yamanouchi J, Azuma T, Yasukawa M. Analysis of chemotherapy-induced neutropenia and optimal timing for prophylactic use of G-CSF in B-cell non-hodgkin lymphoma patients treated with R-CHOP. Int J Clin Oncol. 2014;19(1):178–85.
- Shimanuki M, Imanishi Y, Sato Y, Nakahara N, Totsuka D, Sato E, Iguchi S, Sato Y, Soma K, Araki Y, et al. Pretreatment monocyte counts and neutrophil counts predict the risk for febrile neutropenia in patients undergoing TPF chemotherapy for head and neck squamous cell carcinoma. Oncotarget. 2018;9(27):18970–84.
- Moreau M, Klastersky J, Schwarzbold A, Muanza F, Georgala A, Aoun M, Loizidou A, Barette M, Costantini S, Delmelle M, et al. A general chemotherapy myelotoxicity score to predict febrile neutropenia in hematological malignancies. Ann Oncol. 2009;20(3):513–9.
- 32. Oguz A, Karadeniz C, Ckitak EC, Cil V. Which one is a risk factor for chemotherapy-induced febrile neutropenia in childhood solid tumors: early lymphopenia or monocytopenia? Pediatr Hematol Oncol. 2006;23(2):143–51.
- Uchida M, Yamaguchi Y, Hosomi S, Ikesue H, Mori Y, Maegawa N, Takano A, Sato Y, Hosohata K, Muroi N, et al. Risk factors for Febrile Neutropenia Induced by Docetaxel Chemotherapy in patients with non-small cell Lung Cancer. Biol Pharm Bull. 2020;43(8):1235–40.
- Ozawa K, Minami H, Sato H. Logistic regression analysis for febrile neutropenia (FN) induced by docetaxel in Japanese cancer patients. Cancer Chemother Pharmacol. 2008;62(3):551–7.
- Abu-Rustum N, Yashar C, Arend R, Barber E, Bradley K, Brooks R, Campos SM, Chino J, Chon HS, Chu C, et al. Uterine neoplasms, Version 1.2023, NCCN Clinical Practice guidelines in Oncology. J Natl Compr Canc Netw. 2023;21(2):181–209.
- Aapro MS, Bohlius J, Cameron DA, Dal Lago L, Donnelly JP, Kearney N, Lyman GH, Pettengell R, Tjan-Heijnen VC, Walewski J, et al. 2010 update of EORTC guidelines for the use of granulocyte-colony stimulating factor to reduce the incidence of chemotherapy-induced febrile neutropenia in adult patients with lymphoproliferative disorders and solid tumours. Eur J Cancer. 2011;47(1):8–32.
- Yokoyama M, Kusano Y, Takahashi A, Inoue N, Ueda K, Nishimura N, Mishima Y, Terui Y, Nukada T, Nomura T, et al. Incidence and risk factors of febrile neutropenia in patients with non-hodgkin B-cell lymphoma receiving R-CHOP in a single center in Japan. Support Care Cancer. 2017;25(11):3313–20.
- Leon Rapoport B, Garcia-Morillo M, Font C, Samoon Z, Jabbar AA, Kourie HR, Kayumba A, Esposito F, Popescu RA, García-Gómez J, et al. A prospective, real-world, multinational study of febrile neutropenia (FN) occurrence in oncology patients receiving chemotherapy with intermediate risk of FN: a MASCC Neutropenia, infection, and Myelosuppression Study Group initiative. Support Care Cancer. 2023;31(12):628.
- Lyman GH, Delgado DJ. Risk and timing of hospitalization for febrile neutropenia in patients receiving CHOP, CHOP-R, or CNOP chemotherapy for intermediate-grade non-hodgkin lymphoma. Cancer. 2003;98(11):2402–9.
- Poli Neto P OB, Reis FJ, Lopes FM, Carrara HH, Andrade JM. Febrile neutropenia in patients with breast cancer submitted to chemotherapy: a 12-year experience. Rev Assoc Med Bras (1992). 2004;50(4):363–6.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.